



THE WESTCHESTER COUNTY MEDICAL SOCIETY



THE WESTCHESTER ACADEMY OF MEDICINE

ANNUAL MEETING SOUVENIR JOURNAL



JUNE 23, 2026

2026 HONOREES



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2026 Westchester County Annual Meeting Program:



6:00 pm — Networking Reception with Sponsors & Guests

Please be sure to visit all of our sponsors!

7:00 pm — Call to Order

Recognize Special Guests, MSSNY Officers, WCMS/WAM Officers, Past Presidents, WCMS Staff, Sponsors & Supporters

7:10 pm — Wall Street Alliance Group Presentation

7:20 pm — Dinner

7:45 pm — Meeting called back to order

Report of the Nominating Committee

Academy Program—WESEF Award Winners

Remarks of MSSNY President—Mark Adams, MD

50 Year Citation Awards

“Friend of the Society Award”

“Career Achievement Award”

Outgoing President’s Award

Outgoing President’s Remarks

Introduction of New President

Incoming President’s Remarks

Adjournment

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7:00 PM—DINNER
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Seth Miller, MD	1797-1798	Theodore West, MD	1935-1936
Elias Cornelius, MD	1797-1798	Morley T. Smith, MD	1936-1937
Ebenezer White, MD	1798-1799	Erich H. Reston, MD	1937-1938
David Rogers, Jr., MD	1817-1820	Ralph T.B. Todd, MD	1938-1939
Matson Smith, MD	1825-1826	Henry J. Vier, MD	1939-1940
Matson Smith, MD	1828-1830	Reginald A. Higgons, MD	1940-1941
William Hoffman, MD	1831-1832	George C. Aide, MD	1941-1943
David Palmer, MD	1833-1834	Merwin E. Marsland, MD	1943-1944
James Fountain, MD	1835-1836	Laurance D. Redway, MD	1944-1945
Peter Moulton, MD	1836-1837	Isadore Zadek, MD	1945-1946
Amos W. Gates, MD	1838-1839	Robert B. Archibald, MD	1946-1947
William A. Stanley, MD	1840-1841	Godfrey Childress, MD	1947-1948
Seth Shove, MD	1842-1843	Waring Willis, MD	1948-1949
James Fountain, MD	1844-1846	Christopher Ward, MD	1949-1950
Benjamin Bassett, MD	1847-1848	Henry E. McGarvey, MD	1950-1951
Joshua W. Bowron, MD	1848-1849	Margaret Loder, MD	1951-1952
John Collett, MD	1850-1851	Reid R. Heffner, MD	1952-1953
Stewart Philander, MD	1851-1852	W. Alex Newlands, MD	1953-1955
George Fisher, MD	1857-1858	David Fertig, MD	1955-1956
Caleb W. Haight, MD	1859-1860	Harold J. Dunlap, MD	1956-1957
J.F. Jenkins, MD	1861-1862	John N. Dill, MD	1957-1958
Thomas Snowden, MD	1863-1864	William P. Reed, MD	1958-1959
Hosea Fountain, MD	1864-1865	Donald Reed, MD	1959-1960
I.F. Pelton, MD	1865-1866	Arthur Diedrick, MD	1960-1961
J.H. Curry, MD	1866-1867	Charles M. Brane, MD	1961-1962
E.F. Arnold, MD	1867-1868	Thomas Jaleski, MD	1962-1963
George Bayles, MD	1869-1870	James M. Jones, MD	1963-1964
James W. Scribner, MD	1870-1871	Wallace M. Sheridan, MD	1964-1965
H. Caruthers, MD	1871-1872	James Haralambie, MD	1965-1966
J.J. Linson, MD	1872-1873	Maurice Woodhull, MD	1966-1967
W.H. Helm, MD	1874-1875	William Brumfield, MD	1967-1968
Z.E. Lewis, MD	1875-1876	Robert Healy, MD	1968-1969
Platt R.H. Sawyer, MD	1876-1877	Francis T. Rogliano, MD	1969-1970
Isaac G. Collins, MD	1877-1878	Allison B. Landolt, MD	1970-1971
H. Ernest Schmind, MD	1878-1879	Katherine L. Freidman, MD	1971-1972
G. P. Balch, MD	1879-1880	Robert A. Mayers, MD	1972-1973
Henry L. Horton, MD	1880-1881	Albert Lowenfels, MD	1973-1974
Champion H. Judson, MD	1881-1882	William P. Clark, MD	1974-1975
Archibald M. Campbell, MD	1882-1883	Thomas D. Rizzo, MD	1975-1976
J. Frances Chapman, MD	1883-1884	William J. McCann, MD	1976-1977
Edward F. Brush, MD	1884-1885	John A. Ramsdell, MD	1977-1978
H. Freeland, MD	1886-1887	Bertram J. Oppenheimer, MD	1978-1979
C.S. Benedict, MD	1887-1888	Charles A. Bertrand, MD	1979-1980
William H. Helm, MD	1888-1889	Michael Sierp, MD	1980-1981
Samuel Swift, MD	1889-1890	Kenneth W. Trout, MD	1981-1982
Charles Mason, MD	1890-1891	Peter B. Farnsworth, MD	1982-1983
Newton F. Curtis, MD	1891-1892	Armond B. Mascia, MD	1983-1984
William F. Green, MD	1892-1893	Richard L. Fenton, MD	1984-1985
E. Ernest Schmid, MD	1893-1894	Stanley M. Mendelowitz, MD	1985-1986
Stuart B. Carlisle, MD	1894-1895	Robert C. Mickatavage, MD	1986-1987
Philander Collard, MD	1895-1896	Richard L. Petrillo, MD	1987-1988
Archibald M. Campbell, MD	1896-1897	William J. Walsh, MD	1988-1989
Edgar M. Hermance, MD	1897-1898	Pellegrino J. Tozzo, MD	1989-1990
R. Condit Eddy, MD	1898-1899	Ann C. Cea, MD	1990-1991
Archibald T. Banning, MD	1899-1900	Sanford A. Kaplan, MD	1991-1992
A.R. Snowden, MD	1900-1901	Thomas A. Lansend, MD	1992-1993
P.A. Callan, MD	1901-1902	Mark L. Fox, MD	1993-1994
Robert T. Howe, MD	1902-1903	Stephen O. Schwartz, MD	1994-1995
Robert T. Irvine, MD	1903-1904	Paul S. Carton, MD	1995-1996
Charles E. Chapman, MD	1904-1905	Robert L. Soley, MD	1996-1997
T.F. Goodwin, MD	1905-1906	Barney B. Silverman, MD	1997-1998
H. Beaty Brown, MD	1906-1907	Howard F. Stock, MD	1998-1999
C.P. Byington, MD	1907-1908	Carl P. Weber, MD	1999-2000
W.A. Miner, MD	1908-1909	Peter S. Liebert, MD	2000-2001
George A. Peck, MD	1909-1910	David E. Bank, MD	2001-2002
S. Oscar Myers, MD	1910-1911	Kira Geraci-Ciardullo, MD	2002-2003
Frank E. Russell, MD	1911-1912	Andrew Kleinman, MD	2003-2004
Edward W. Weber, MD	1912-1913	Michael Rosenberg, MD	2004-2005
John W. Smith, MD	1913-1914	Bonnie Litvack, MD	2005-2006
Samuel E. Getty, MD	1914-1915	Peter F. Rizzo, MD	2006-2007
Bertrand F. Drake, MD	1915-1916	Alfred Tinger, MD	2007-2008
W. Stuart Woodruff, MD	1916-1917	Amy E. Newburger, MD	2008-2009
Henry Moffat, MD	1917-1918	John J. Stangel, MD	2009-2010
William L. Russell, MD	1918-1919	Joseph J. Tartaglia, MD	2010-2011
Clarence C. Guion, MD	1919-1920	Abe Levy, MD	2011-2012
William H. Purdy, MD	1920-1921	Thomas T. Lee, MD	2012-2013
Francis R. Lyman, MD	1921-1922	Robert Lerner, MD	2013-2014
Edwin G. Ramsdell, MD	1922-1923	Louis McIntyre, MD	2014-2015
A.S. Corwin, MD	1923-1924	Thomas Lester, MD	2015-2016
Charles C. Sweet, MD	1924-1925	Gino Bottino, MD	2016-2017
H.T. Kelly, MD	1925-1926	Marshal Peris, MD	2017-2018
H.W. Titus, MD	1926-1927	Omar N. Syed, MD	2018-2019
Elton G. Littell, MD	1927-1928	Daniel Gold, MD	2019-2020
W. H. Cantle, MD	1928-1929	Peter Acker, MD	2020-2021
W.W. Mott, MD	1929-1930	Jeffrey Jacobson, MD	2021-2022
Louis B. Chapman, MD	1930-1931	Bruce Molinelli, MD	2022-2023
Louis V. Waldron, MD	1931-1932	Peter Acker, MD	2023-2024
Andrew A. Eggston, MD	1932-1933	Kham Ali, MD, MBA, MPH, FACEP	2024-2025
Mortimer W. Raynor, MD	1933-1934	Anais Carniciu, MD	2025-2026



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2025-2026

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Kham Ali, MD, MBA, MPH
Anaïs Carniciu, MD
Joseph Lee, MD
Thomas Lee, MD
Bruce Molinelli, MD
Danilo Silva, MD
Joseph Tartaglia, MD

Putnam

Delegates 2026

Elliot Barsh, MD
William Zurhellen, MD

Westchester

Alternate Delegates 2026

Samantha Chen, Medical Student
Justin Han, Medical Student
Alyssa Lee, Medical Student
Emily Luo, Medical Student
Marshal Peris, MD
Agam Singh, Medical Student

9th District Councilor

Daniel Gold, MD

Committee Chairs 2025-2026

Ethics

Ronald Jacobson, MD

CME

Marshal Peris, MD

Budget & Finance

Andrew Kleinman MD

Delegates

Bonnie Litvack, MD

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Daniel Gold, MD

Incoming WCMS President



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Career Achievement Award

Robert W. Amler, MD, MBA

Vice President of Government Affairs, New York Medical College



Robert W. Amler, MD, MMS, MBA, FAAP, FACPM

Dr. Amler is a pediatrician and public health physician, and a 25-year veteran of the U.S. Public Health Service Commissioned Corps. Currently he is Vice President for Government Affairs at New York Medical College. Formerly Dean of the School of Health Sciences and Practice and Institute of Public Health, he co-founded the Center for Disaster Medicine, Children's Environmental Health Center, and *BioInc*, the region's biotechnology incubator. Dr. Amler consults in environmental medicine at Boston Children's Health Physicians and serves on the Boards of the Westchester County Association, Business Council of Westchester, and Hudson Valley Economic Development Corporation.

In the aftermath of the 9/11 attacks, Dr. Amler was federal commander of the multi-lateral biomedical response force against terrorism and natural disasters for the Northeast and Caribbean Region. He responded to outbreaks of Ebola, anthrax, measles and influenza variants, and was a reassuring public voice during the COVID-19 pandemic. Previously he was an Epidemic Intelligence Officer at CDC and Chief Medical Officer for CDC's Agency for Toxic Substances and Disease Registry, where he oversaw more than 100 field investigations in all 50 States and founded the nationwide network of pediatric environmental clinics (PEHSU) that continue to serve thousands of children and families each year.

A practicing physician for 50 years, Dr. Amler is a graduate of Dartmouth College, Rutgers Medical School, and NYU, with graduate education at Bellevue Hospital, CDC, and Harvard Business School. He served military and uniformed physicians as Chapter President in the American Academy of Pediatrics. New York Medical College awarded him an honorary Doctor of Humane Letters and its preeminent William Cullen Bryant Award. He also received the Edwin W. Crawford Award from the Council for Advancement and Support of Education and President's Award from the Westchester Institute of Human Development. He is an honorary Paul Harris Fellow of Rotary International and was twice recognized by the New York State Senate, which declared Dr. Robert W. Amler Day in his honor in 2011 and 2024.

June 2026

2025 Friend of the Society Awardee
Sudeep Chaudhuri, Vice President of Information Technology
DataMatrix Medical



Sudeep Chaudhuri
Vice President of Information Technology,
DataMatrix Medical

Sudeep Chaudhuri serves as Vice President of Information Technology at DataMatrix Medical, bringing more than 30 years of experience in programming, system design, and healthcare technology to his role.

Over the course of his career, Sudeep has helped design and implement tech-enabled human solutions that improve how medical practices manage documentation, administrative workflows, and operational support. His work in healthcare spans more than two decades, and his leadership has played a key role in building systems that value accuracy, speed, security, and practical use in real-world medical practices.

At DataMatrix Medical, Sudeep's approach is guided by a commitment to building solutions customized to each client's specific needs. This philosophy continues to shape DataMatrix Medical's work with practices nationwide, including support for medical transcription, virtual scribing, prior authorization, denial management, eligibility verification, billing support, and other essential administrative services.

Sudeep is proud to accept this recognition alongside the DataMatrix Medical team as a 2026 "Friend of the Society." The honor reflects DataMatrix Medical's long-standing commitment to supporting the physician community and its continued partnership with the Westchester County Medical Society and Westchester Academy of Medicine





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WESTCHESTER COUNTY MEDICAL SOCIETY

— AND —

THE WESTCHESTER ACADEMY OF MEDICINE



REPORT OF THE NOMINATING COMMITTEE — 2026-2027 —

The Nominating Committee of the Westchester County Medical Society and the Westchester Academy of Medicine met on April 14, 2026, and hereby nominates the following candidates for election at the **Annual Meeting on June 23rd** to take office effective **July 1, 2026**:



NOTE: Per the Bylaws, the current President-elect, **Daniel Gold, MD** automatically assumes the Office of President and the current President, **Anaïs Carniciu, MD** assumes the Office of the Immediate Past President.



OFFICER NOMINATIONS



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Daniel Gold, MD



PRESIDENT-ELECT

Bruce Molinelli, MD



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Rubina Heptulla, MD



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Thomas Lee, MD



SECRETARY

Kham Ali, MD



ACADEMY OF MEDICINE PRESIDENT

Peter Acker, MD



DELEGATES TO THE MSSNY HOUSE OF DELEGATES

(Three for two years; term ending 2028)

- ✓ Thomas Lee, MD
- ✓ Joseph Tartaglia, MD
- ✓ Samia Sayegh, MD



ALTERNATE DELEGATES TO THE MSSNY HOUSE OF DELEGATES

(Three for two years; term ending 2028)

- ✓ Justin Han, Medical Student
- ✓ Emily Luo, Medical Student
- ✓ Agam Singh, Medical Student



*Additional candidates may be nominated from the floor at the WCMS/Academy Annual Meeting, provided that each nomination is supported by a petition signed by at least **100** members, as specified in the Bylaws.

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2025-2026

Anaïs Carniciu, MD
Outgoing President



Anaïs Carniciu, MD, FASOPRS

Dr. Anaïs Carniciu is a board-certified, ASOPRS fellowship-trained oculofacial plastic surgeon and the founder of New York Eye and Face Oculoplastic Surgery. Based in West Harrison, Dr. Carniciu specializes exclusively in the delicate tissues surrounding the eyes and facial rejuvenation, combining a meticulous anatomical approach with evidence-based, natural outcomes.

A Westchester native, Dr. Carniciu's journey began at Horace Greeley High School. She earned her undergraduate degree *cum laude* from Dartmouth College and her medical degree from Stony Brook University. She completed her ophthalmology residency at Case Western Reserve University, where she served as Chief Resident, followed by a highly competitive ASOPRS fellowship at the University of Michigan. Membership in the American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS) remains the gold standard in oculoplastic surgery, a credential held by only a select group of surgeons worldwide.

Dr. Carniciu established her independent practice to ensure that patient care, not corporate constraints, remains the sole priority. Her boutique approach allows for a personalized patient experience, ensuring that every reconstructive or aesthetic procedure is tailored to the individual.

Beyond the operating room, Dr. Carniciu is deeply committed to the future of her field. She serves on the teaching faculty at the New York Eye and Ear Infirmary of Mount Sinai and is a prominent voice in physician advocacy. Having served as President of the Westchester County Medical Society, she will continue to provide leadership and mentorship to the local medical community as Immediate Past President.

**Incoming President
Daniel R. Gold, MD
2026-2027
Westchester County Medical Society**



Daniel R. Gold, MD

Daniel R. Gold, MD is a board-certified comprehensive otolaryngologist practicing in a physician-owned private practice in White Plains as a partner with ENT and Allergy Associates. Born and raised in Brooklyn, New York, he earned his undergraduate degree from Brooklyn College and his medical degree from SUNY Down-

state Medical Center before completing his residency in Otolaryngology at Tufts New England Medical Center.

In addition to his clinical practice, Dr. Gold has served as a Managing Partner and member of the ENT and Allergy Associates Board of Trustees for the past 15 years, helping guide the growth and strategic direction of one of the nation's largest physician-owned specialty practices. He currently serves as the CMIO of ENT and Allergy Associates.

Dr. Gold previously served as President of the Westchester County Medical Society (2021–2022) and currently serves as President-Elect. He is a dedicated advocate for physicians and patients, representing Westchester physicians as the 9th District Councilor to the Medical Society of the State of New York and serving in leadership roles at the state and national levels. His advocacy focuses on preserving physician-led care, supporting independent medical practice, and improving patient access to high-quality healthcare.

A longtime member of the White Plains community, Dr. Gold has lived in White Plains for the past 18 years with his wife and three children.



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Future of Medicine Award Winner: Nicholas Khoury-Levy—Masters School Cellular & Molecular Biology



Abstract:

Cancer and autoimmune diseases present an immunological paradox: T cells adopt opposing functional states. In cancer, T cells become dysfunctional and lose effector function, failing to eliminate malignant cells. In autoimmune diseases like type 1 diabetes (T1D), T cells become hyperactive and inappropriately destroy healthy tissue. Despite chronic antigen stimulation in both inflammatory environments, we observe divergent T cell fates. This study examined what drives T cell dysfunction versus hyperactivation and how hyperactive T cells may behave in the tumor environment (TME) under chronic antigen stimulation. To test this, I utilized a novel mouse model that contains both autoimmunity (T1D) and cancer (SLO1-fibrosarcoma). I engineered the SLO1 cell line to overexpress IGRP, the target antigen for hyperactive T cells. SLO1/IGRP and empty vector control cell lines were implanted; IGRP-expressing tumors regressed, while controls grew progressively. Immunophenotyping of tumors showed a progressive infiltration of IGRP-specific T cells in IGRP-expressing tumors, which were absent in the empty vector tumors. These results suggest that IGRP-specific T cells maintain a hyperactive/cytotoxic state in the tumor despite chronic antigen stimulation in the TME, which is known to drive T cell dysfunction. These findings suggest that there are intrinsic regulatory mechanisms that allow the hyperactive T cells to persist under conditions that normally lead to dysfunction. Programs that drive hyperactivation or dysfunction could be harnessed to reverse or prevent T cell dysfunction in cancer or hyperactivation in autoimmunity. Future studies will utilize ATAC-seq and transcriptomics to better understand the unique regulators of T cell fates.

Bio & Future Plans:

My family is originally from Zimbabwe and Lebanon. I plan on attending Cornell in the fall for Biomedical Engineering, with my first semester started in Cantabria Spain as part of a select cohort of 20 other engineers. Over the summer I am continuing my research at Regeneron Pharmaceuticals.

Future of Medicine Award Winner: Alexa Guzman—New Rochelle High School Medicine & Health Sciences



Abstract:

Malaria continues to threaten global health due to the high cost and limited accessibility of monoclonal antibody (mAb) treatments. This study evaluated whether plasmid DNA delivery using electroporation could enable in vivo production of three malaria-blocking mAbs: TB31F, L9LS, and CIS43. Thirty female BALB/c mice were divided into six groups receiving either low (5 μg) or high (25 μg) doses of DNA encoding each antibody. Serum antibody concentrations were measured weekly over eight weeks using ELISA. All constructs produced detectable antibody expression by Week 1, which was maintained through Week 8. TB31F reached mean concentrations of 2–4 $\mu\text{g}/\text{mL}$, aligning with its ~ 2.1 $\mu\text{g}/\text{mL}$ transmission-blocking benchmark, while L9LS exceeded its protective threshold at 11.6 $\mu\text{g}/\text{mL}$. CIS43 remained below its 50–60 $\mu\text{g}/\text{mL}$ target but demonstrated measurable expression. These results confirm that DNA-encoded antibodies can achieve physiologically relevant serum levels and that expression increases with higher DNA doses. This work demonstrates a proof of concept for low-cost, DNA-based antibody delivery that could make malaria prevention more scalable in resource-limited regions.

Bio & Future Plans:

My name is Alexa Guzman, and I am a graduating senior at New Rochelle High School. This fall, I will be attending the University of Georgia, where I plan to major in Environmental Health Science on the pre-Physician Assistant track. Throughout high school, I have been involved in scientific research and developed a strong interest in public health and disease prevention. In the future, I hope to become a Physician Assistant and help improve access to quality healthcare, especially for underserved communities.

Future of Medicine Award Winner: Avi Medar—Ardsley High School Cellular & Molecular Biology



Abstract:

Barth Syndrome (BTHS) is a genetic, X-linked recessive disorder characterized by stunted growth, low neutrophil counts, and cardiomyopathy, all of which can lead to the death of a patient. The genetic predisposition for BTHS is a mutation in the TAZ gene, which encodes the enzyme tafazzin. Tafazzin reacylates cardiolipin (CL), which is the signature phospholipid of the inner mitochondrial membrane (IMM); thus, a mutation in TAZ means that there is a buildup of deacylated CL, called monolysocardiolipin (MLCL). Moreover, a high quantity of MLCL turns the fundamental cytochrome c into a peroxidase, which then releases several harmful products into the IMM. To reverse the phenotypes observed in BTHS, researchers have identified ABHD18 as the enzyme responsible for deacylating CL in the first place. In this study, I explored the role of ABHD18 in a *Drosophila melanogaster* model, evaluating how mutating its gene would affect thorax tissue samples compared with wild-type, TAZ-mutant, and TAZ+ABHD18-Mutant models. This would provide a novel characterization of the ABHD18's role. I found that an ABHD18 mutation reversed TAZ mitochondrial abnormalities but also introduced a new type of abnormality characterized by extreme condensation of mitochondrial fibers. In addition, this mutation decreased the MLCL: CL ratio, a key indicator of BTHS, and resulted in locomotor function levels comparable to those of WT. My study demonstrates that ABHD18 has potential as a future genetic target for treating Barth Syndrome and reversing its fatal phenotypes.

Bio & Future Plans:

Avi Medar is an incoming freshman at New York University, where he plans to continue his studies in the field of molecular biology. He is motivated by doing work that meaningfully contributes to the world, especially helping those who need it. For his research project, Avi spent 7 weeks at NYU last summer studying Barth Syndrome under his mentor, Dr. Michael Schlame. Outside of research and academics, Avi enjoys running and playing tennis, for which he has been his school's captain for several years, as well as playing the violin, at which he participates at the county and state levels.

Congratulations

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Nicholas Khoury-Levy—Masters School
Cellular & Molecular Biology

Alexa Guzman—New Rochelle High School
Medicine & Health Sciences

Avi Medar—Ardsley High School
Cellular & Molecular Biology

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Outgoing President, **Anaïs Carniciu, MD** for all of her
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We would like to offer Best Wishes to our
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